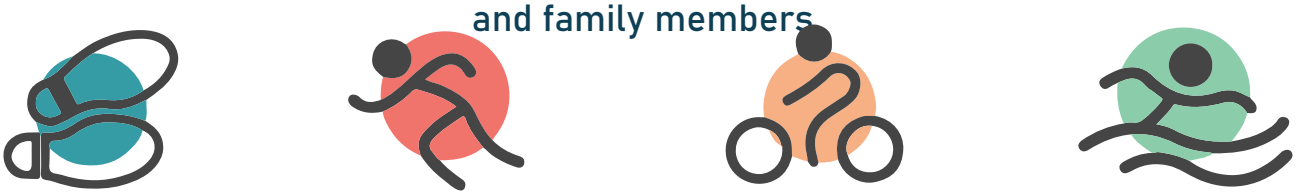
MOVE MORE CHALLENGE

January 25th through March 7th

Registration opens: **January 11th**

Activity challenges are a great way to support you to be happier, healthier, and more energized by recognizing the benefits of every day activity.

Earn points from a variety of physical activities. This event is open to all employees and family members.



All participates will be entered into a raffle for prizes including $100 gift cards

Join with the organization GMHEC, register as a GMHEC employee, create or join a team or participate as an individual

Click here to learn more and here to register.

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